

Shepherd of the Valley United Methodist Church

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Rev. Katherine Mitchell, Pastor
Steve Haunschild, Music Director
Sunday School, Worship Leaders

Meg Davis & Jay O'Connor, Lay Leaders
Tom Senerchia, CLM

Worship and Sunday School at 9:30 AM
Office Hours: Monday through Thursday, 9:00 AM to 12:00 NOON

VISION STATEMENT

We are a multi-generational Christ community
seeking to sing God's spirit into the world
by inviting all, serving all, loving all.

March 1, 2020
1st Sunday of Lent

GATHERING TOGETHER IN THE SPIRIT

THE WORK OF THE CHURCH

WELCOME

SUNDAY SCHOOL QUOTE OF THE WEEK

PRELUDE *If Thou But Suffer God to Guide Thee* arr. Neumark

OPENING PRAYER

All: Lord God, words are not enough to express your awesomeness, your majesty, your holiness. Our highest expressions of theology are but baby talk next to you: your creation, your very self. Make us aware, through your Holy Spirit, that you are here among us. May this awareness lead us to approach this hour more carefully. The words we speak, the tunes we sing, the thoughts we think, the joy and sadness we feel, may these be pleasing to you. For in spite of the inadequacy of our words, this worship is addressed to you. Make it complete, whole, full to overflowing, O God, our rock, and our redeemer. In Christ we pray. Amen.

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*SINGING *I Want Jesus to Walk with Me* No. 521

TIME FOR THE YOUNG AT HEART

OFFERING OUR GIFTS AND OURSELVES TO GOD

PRESENTING OUR OFFERINGS

*DOXOLOGY No. 94

All: Praise God, from whom all blessings flow; praise God, all creatures here below: Alleluia! Alleluia! Praise God, the source of all our gifts! Praise Jesus Christ, whose power uplifts. Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

**All who are able, please stand.*

PRAYER OF DEDICATION

All: Lord, this money is not payment for services rendered. These aren't our dues necessary for us to belong to this church. We know you made us with a purpose, and so now we give ... on purpose, freely offering to you the best of who we are. Continue to work out your purpose in us. Make us your hands, outstretched, on purpose. Amen.

PREPARING TO PRAY

On Eagle's Wings

No. 143

All: And God will raise you up on eagle's wings, bear you on the breath of dawn, make you to shine like the sun, and hold you in the palm of God's hand.

THE LORD'S PRAYER

All: Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory forever. Amen.

CHOIR RESPONSE

Touch My Heart, Lord

Sigmon/McDonald

OPENING OUR HEARTS AND MINDS

SCRIPTURE READING

Matthew 5:1-2, 6

The Message

MESSAGE

Comfort Food

Katherine Mitchell

SACRAMENT OF COMMUNION

*SINGING

Breathe on Me, Breath of God

No. 420

* THE LIGHT OF CHRIST GOES INTO THE WORLD

SENDING FORTH

POSTLUDE

Lord, Dismiss Us with Thy Blessing

arr. Ellson

I am the words

Holy One, I am the woods you walk through.

I am the hall where your singing resounds.

I am the morning you rise in.

I am the body in which you breathe, you beat, you spark, you flow.

My pain you dwell in, my plainness you fill, my not knowing

you see from within, In them I seek you who are here.

I am the poem, you are the truth.

You are the hunger, I am the food.

Steve Garnaas-Holmes, unfoldinglight.net

CONTACTING PASTOR KATHERINE: Is there something that Pastor Katherine needs to know?
Please write it down in *Pastor Katherine's Reminder Book* on the credenza in the hallway
so that it will not get forgotten in the rush and confusion of Sunday morning!

Pastor Katherine can always be reached by e-mail (pastorkatherinem@gmail.com)
or on her cell phone (401.683.8445).